PŪRNAM
retreats & spaces

Varanasi

in whisper and in wonder

26–29th NOVEMBER 2026 **4 DAYS / 3 NIGHTS**



Four days of Kashi's Magic - in temples & old lanes, with river mornings & evening ghats, local food, unhurried conversations and a little pause.

A slow-paced journey through the rhythms, flavours and hidden corners of Kashi — with space to explore, connect, reflect and simply be.

Not a conventional retreat. Not a packed itinerary either. Just Kashi — in the company of curious, like-minded people.

EXPLORE
Follow the old city's bylanes into hidden corners and lesser-travelled places.

PAUSE
Make space for a few simple meditation sessions, woven naturally into the journey.

EXPERIENCE
Meet the river's rhythm through the ghats, Subah-e-Banaras and evening Ganga Aarti.

TASTE
Discover local food and food streets, with chai and conversations worth lingering over.

CONVERSE
Open-house conversations on life, relationships, work, philosophy and travel.

CONNECT
Share the journey with people who enjoy travelling deeply and thinking freely.



Old-city wanderings



Chai, made slowly

Four days, with room to breathe.

26 NOVEMBER

Arrive & settle in

Arrive at the hotel in the afternoon. Check in, settle in and begin slowly.

27–28 NOVEMBER

Explore & experience

Two days to walk, eat, talk and pause, taking in the city and its rhythms.

29 NOVEMBER

Breakfast & farewell

Breakfast together, followed by departure from the hotel in the morning.

WHAT'S INCLUDED

3 nights' accommodation in a homestay

All Meals

All planned excursions & experiences

Local explorations and walks

Meditation sessions

Open-house conversations

Small-group travel experience

YOUR STAY

₹ 27,000
per person / Twin sharing

₹ 24,000
per person / Triple sharing

ABOUT PURNAM

Purnam creates retreats and spaces rooted in Yoga, Vedanta, Buddhism and creative inquiry. Its starting point is simple: completeness is already within us. Through practical, open exploration, Purnam invites greater clarity, presence and ease in everyday life.

YOUR FACILITATORS

Prabhjot (Gauri)

A yoga teacher and an avid trekker, Gauri brings over a decade of teaching experience. Trained at Sivananda (TTC and ATTC), she blends mindful movement and arts-based facilitation with warmth and sensitivity.

Deepak Atri

A Vedanta teacher and contemplative practitioner, Deepak is the author of A Simple Introduction to Vedantic Non-Duality. His work brings meditation and inquiry into everyday life, work and relationships.

COME, TAKE YOUR TIME.

Invite Only

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A NOTE FROM GAURI

Why Kashi, and why this journey?

There are beautiful cities, there are exotic locations. And then there is Kashi.

I have travelled to Kashi a couple of times, and each time, the city has stayed with me in a way that is difficult to explain. There is something about its chaos and stillness existing side by side, its ancient lanes, the Ganga, its people, its food, its rituals and its completely unhurried relationship with life.

It made me want to share Kashi not as a destination to be ticked off a list, but as an experience to be lived.

That is how crafting this travel retreat came about.

I wanted to create the kind of journey I personally enjoy — one where we don't rush from one sight to another, but have the time to wander, pause, eat, talk, observe and simply be. We will explore the old city and its lesser-known paths, discover its food and flavours, experience the ghats and the rhythms of the Ganga, and leave enough space for the unexpected moments that often become the most memorable parts of travel.

And because this comes from Purnam, there is naturally another layer to the journey.

There will be a few meditation sessions and open-house conversations, but this is not a meditation retreat or a programme where you have to "work on yourself." The contemplative element is simply woven into the experience — an opportunity to pause, notice, ask questions and perhaps look at some of the things we encounter within ourselves as we move through the city.

That is what I hope this journey through Kashi can be — a slow exploration of a fascinating city, in the company of curious, like-minded people, with enough space to experience the place and perhaps experience ourselves a little differently too.

Come for Kashi. Stay for the conversations, the people, the pauses — and whatever the city chooses to reveal.

Gauri

A cosy homestay, close to the ghats.

Within walking distance of the ghats, our cosy homestay offers a leafy courtyard, welcoming sitting spaces and comfortable rooms to return to after a day of exploring.







